

Take the 2021



Challenge!

We welcome you to take our Kindness Challenge! Please complete at least 30 of the things listed below. These can be done by an individual or as a family, just one form per person. When complete, turn your sheet in at the Mount Horeb Recreation Department to receive a prize!

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| <input type="checkbox"/> Help set the table | <input type="checkbox"/> Make a care package for someone sick | <input type="checkbox"/> Send postcard to an out-of-town friend |
| <input type="checkbox"/> Clean your room | <input type="checkbox"/> Leave a book at a Little Free Library | <input type="checkbox"/> Ask someone playing alone to play |
| <input type="checkbox"/> Put something in recycling | <input type="checkbox"/> Help rake leaves | <input type="checkbox"/> Ask someone about their day |
| <input type="checkbox"/> Help parent doing the dishes | <input type="checkbox"/> Offer to babysit for a friend | <input type="checkbox"/> Call a grandparent to chat |
| <input type="checkbox"/> Leave positive note for someone | <input type="checkbox"/> Help sibling pick up toys | <input type="checkbox"/> Send positive text message to someone |
| <input type="checkbox"/> Make a birdfeeder | <input type="checkbox"/> Offer to help someone | <input type="checkbox"/> Introduce yourself to someone new |
| <input type="checkbox"/> Make a card for your teacher | <input type="checkbox"/> Color a picture for someone | <input type="checkbox"/> Share a joke with someone |
| <input type="checkbox"/> Compliment someone | <input type="checkbox"/> Volunteer at Neighbors Helping Neighbors | <input type="checkbox"/> Walk your dog |
| <input type="checkbox"/> Help someone with homework | <input type="checkbox"/> Help neighbor with yardwork | <input type="checkbox"/> Take meal to someone who's been sick |
| <input type="checkbox"/> Sweep the floor | <input type="checkbox"/> Help fold laundry & put away | <input type="checkbox"/> Thank those who serve school lunch |
| <input type="checkbox"/> Visit someone in nursing home | <input type="checkbox"/> Mop the floor | <input type="checkbox"/> Bake a cake for a relative's birthday |
| <input type="checkbox"/> Pick up some litter | <input type="checkbox"/> Thank a veteran for their service | <input type="checkbox"/> Water the flowers |
| <input type="checkbox"/> Tell sibling something nice | <input type="checkbox"/> Make a bookmark to give to someone | <input type="checkbox"/> Bring snacks to share at work or school |
| <input type="checkbox"/> Call an old friend | <input type="checkbox"/> Help a parent vacuum | <input type="checkbox"/> Pay it forward at the drive-thru |
| <input type="checkbox"/> Send card to a military person | <input type="checkbox"/> Get caught being good | <input type="checkbox"/> Thank a police officer |
| <input type="checkbox"/> Read to someone | <input type="checkbox"/> Smile at someone | <input type="checkbox"/> Shovel your neighbor's driveway |
| <input type="checkbox"/> Take out the garbage | <input type="checkbox"/> Make a homemade gift | <input type="checkbox"/> Teach someone something new |
| <input type="checkbox"/> Hold the door for someone | <input type="checkbox"/> Donate a blanket or toy to animal shelter | <input type="checkbox"/> Give parents an extra hug |
| <input type="checkbox"/> Check in on an elderly relative | <input type="checkbox"/> Choose a few toys to donate | <input type="checkbox"/> Do an extra chore today |
| <input type="checkbox"/> Take someone flowers | <input type="checkbox"/> Thank your mail carrier | <input type="checkbox"/> Donate a food item |
| <input type="checkbox"/> Write a friendly note on the sidewalk | <input type="checkbox"/> Let someone have a turn before you | |
| <input type="checkbox"/> Help someone carry heavy bags | | |
| <input type="checkbox"/> Return cart to the store for someone | | |
| <input type="checkbox"/> Donate old clothes to charity | | |



Child Name: _____ Parent/Guardian Signature: _____